Year 7 Camp 2012 – YMCA Yarramundi

Dear Parent/Guardian,

A vital part of the Year 6 into 7 transition program at WHSPA is the annual Year 7 camp. The purpose of the camp is for students to develop leadership, team-building skills, improve self-awareness and self-esteem. It is also expected that students will develop friendships with students in other classes as well as positive relationships with their teachers.

Where – Yarramundi YMCA Camp, Springwood Rd, Yarramundi
When – Monday 7th May – Wednesday 9th May 2012
Cost – $240 (includes transport, accommodation, all meals and drinks [apart from morning tea Monday], all activities)
Payment dates – Deposit $100 due Friday 9th March 2012
- Final Payment due Friday 27th April 2012
  (Return of all (1) Consent/ (2) Medical/ (3) Swimming/ (4) Camp consent forms due with final payment)
Departure time: 8.00am from the front of the school (Assemble 7.45 for roll call)
Return time: 3.00pm at the front of the school (in time for school buses)
Teacher in charge of excursion: Mr Kalsow (School mobile during camp: 0457 521 053)
Gear checklist: see attached list
Activities included: see attached list
Accommodation: Cabins
Transport: Coach

Please Note:
Payment: Money is to be paid at the front office before school or at recess. Please retain your receipt. Balances can be paid by installments up to the final payment due date, Friday 27th April 2012.
Notes: ALL notes are to be returned to Mr Kalsow in the TAS Staffroom.

We hope that all Year 7 students will be able to attend the camp. Should you be concerned about meeting the costs of the camp, please contact Principal Mrs Trist to discuss alternative arrangements.

Yours Sincerely,

Anthony Kalsow
Head Teacher Junior School

Donna Markham
Junior School Advisor
(NOTE 1) YEAR 7 SCHOOL CAMP CONSENT FORM 2012

I hereby consent to (Student's Full Name)………………………………………………………………… Roll Class:........

To participate in the Year 7 Camp YMCA Yarramundi, Monday 7th May – Wednesday 9th May 2012

Enclosed is □ $100 deposit

□ $240 as the full cost of the camp

Special needs of the child of which you should be aware (e.g. medical, allergies, physical etc)

……………………………………………………………………………………………………………………………………………….

……………………………………………………………………………………………………………………………………………….

Student mobile number……………………………………………………………………………………………………………….

Parent contact number (name)………………………………………………………………………………(number)……………………………………………………..

Signature of Parent or Guardian……………………………………………………………………………………………………..

Date……………………………………………………………………………………………………………………………………..

Please return this note to Mr Kalsow in the TAS Staffroom ASAP
(NOTE 2) YR7 2012 CAMP MEDICATION FORM

Should your child require any form of medication (including paracetamol) while away at camp the following note needs to be filled out and returned to the school.

I, ........................................... (name of parent/guardian) giver permission for medication to be administered to my child/ward .......................................................... (name of child/ward).

Administer from (insert dates): ................................ to ..........................................................

Name of medication: ...........................................................................................................

Reason/purpose for medication: ..........................................................................................

Time of day to be administered: .........................................................................................

Amount to be administered: ..............................................................................................

Is your child/ward familiar with taking this medication? YES/NO

In the unlikely event that your child/ward misses the allocated time, what steps would you like to be taken (e.g. administer straight away, call you).

1. ......................................................................................................................................

2. ......................................................................................................................................

3. ......................................................................................................................................

Are there any special requirements with your child/ward’s medication (e.g. rest, to be taken with food) ........................................................................................................................................

If there are any problems with the child/ward taking medication, parents/guardians will be contacted immediately.

Signature: .......................................................................................................................... (Parent/Guardian)

Date: .................................................................................................................................

Parent mobile/contact number: ..........................................................................................

Please return this note to Mr Kalsow in the TAS Staffroom ASAP

✓ Parent/Student to give all medications to Mr Kalsow on the morning that we leave for camp.

✓ Container must be clearly marked with child/ward’s name, dosage and instructions for dispensing.

✓ Any unregistered medication will be confiscated until the end of camp.
(NOTE 3) WATER OR SWIMMING ACTIVITIES FORM

The excursion will involve the following water or swimming activities:

- ☑ Swimming
- ☑ Canoeing (flotation vests provided)

These activities will take place at:

- ☑ Private Swimming Pool (YMCA Camp Yarramundi)
- ☑ River

Excursion consent forms request information from parents about whether their child is allowed to participate in swimming activities and the status of the student’s swimming abilities.

WATER OR SWIMMING ACTIVITIES CONSENT FORM

In relation to the proposed water or swimming activities: * Tick one box only

* ☐ I give permission ☐ I do not give permission

For my child to participate in the water/swimming activities.

I advise that my child is a: * Tick one box only

* ☐ Strong swimmer ☐ Average swimmer ☐ Poor Swimmer ☐ Non swimmer

Year 7 Camp YMCA Yarramundi, Monday 7th May – Wednesday 9th May 2012

Student’s full name: ...........................................................................................................

Signature: ......................................................................................................................... (Parent/Guardian)

Date: ..................................................................................................................................

Parent mobile/contact number: ..........................................................................................

Return this note to Mr Kalsow in the TAS Staffroom ASAP
Return this note to Mr Kalsow in the TAS Staffroom ASAP
CAMP GUIDELINES:

- Never leave camp or activity areas without permission.
- All activities must be supervised by a teacher or instructor.
- Listen to and follow instructors guidelines and instructions.
- Closed in shoes and a hat must be worn at all times.
- Respect male and female areas. Enter no room other than your own.
- Respect the natural environment. Please use the bins provided and do not damage the bush.
- No pocket knives, glass, valuables please.
- All accidents/damage to equipment must be reported. Wilful damage must be paid for by the individual(s) involved.
- The food is plentiful, please refrain from bringing lollies etc. No gum please.
- Respect others after lights out. There should be no need to leave your dorm / cabin after lights out.
- Every group is responsible for the ongoing cleanliness of their rooms.
- Do not tamper with Fire Fighting equipment. Damage will incur a minimum charge to the individual of $250.
- Do not enter out of bounds areas detailed upon arrival.
- Drink water only from the identified tank & carry a water bottle filled before each activity.
- Please do not run around the campsite.
- Fires are to be lit only in designated camp fire areas.
- Swimming is only allowed when supervision by a teacher or instructor.
- Activities are only to be accessed during allocated activity time.

GEAR CHECKLIST:

- Sleeping bag and pillow
- Water Bottle
- Raincoat (regardless of forecast)
- Hat
- Sunscreen
- Day Pack (small back pack for day walks etc.)
- Torch
- Toiletries
- Insect Repellent
- Pens and pencils (if required)
- Towels (2)
- Camera (optional)
- No lollies or energy drinks
- Sturdy Shoes
- 2nd OLD pair of closed in shoes or sandals for canoeing etc. NO THONGS
- Thongs / sandals not appropriate for day wear
- T-Shirts
- Shorts
- Underwear and socks
- Long pants (2 pairs)
- Jumpers / Jacket (2) (appropriate for season)
- Pyjamas
- Swimmers
- Garbage Bag for Wet / Dirty Clothes

NB: Please nametag all items and Please ensure all medication is labelled clearly and passed on to the organising teacher.
Camp Yarramundi and Deemba offer a wide range of exciting activities. Activities are run by our qualified instructors and incorporate varying degrees of facilitation to deliver program outcomes such as confidence and team building, leadership and communication, initiative and critical thinking.

- **Abseiling:** A 10 metre high abseil tower for personal challenge and achievement, building self-esteem and trust. Natural face abseils can be arranged for expedition programs.

- **Alpine Rescue:** A ground level obstacle course with a series of challenges and scenarios promoting teamwork, trust, leadership and communication. Requires full group cooperation, no room for individuals here.

- **Archery:** We teach the basic skills and techniques for shooting on the range.

- **Artificial Cave Maze:** An amazing woodworking and bonding activity for all ages—including primary schools. Campers move through a series of obstacles in an artificial canyoning system, and degree of difficulty can be varied according to age.

- **Bushcraft:** This program can include shelter building, cooking out, learning how to build a fire and teaching basic bush survival skills.

- **Camp Out:** This fun outdoor camp out experience. Graeco discovers how to survive in the bush and are required to cook their own food. Tierra cooking stoves are supplied.

- **Canoeing:** Our canoeing program is conducted on the beautiful meandering Goolge River. We teach the basic strokes and techniques and paddle downstream. Great fun and great for teamwork. Over 6 non-paddle by powered boat traffic this is the ideal activity for environmental awareness and appreciation.

- **Glimpse Swing:** Our newest activity—this is a 20 metre high towered swing. Challenge your choice of the swing! In control of the ideal. A great team building activity for the rest of the group is needed to ‘tug’ the swing to the top. A classic ‘WOW’ factor that challenges swingers to face their fears.

- **High Ropes Course:** Our challenge ropes course requires participants to make their way around an aerial obstacle course. Climbers are harnessed and work in pairs to maneuver around the course. Overcoming fear and stepping outside the comfort zone are all important.

- **Initiative:** Problem solving, creative thinking, teamwork and communication are the keys to these activities. Although less physical than some of the other activities, this is an important activity for establishing cohesive teams.

- **Low Ropes:** Our low-ropes course is a series of challenges; ropes and obstacles, conducted just a foot or two off the ground. Great for building confidence, trust and teamwork.

- **Night Activities**: These programs can include a disco, a talent quest, games night, trivia quiz or campfire. A guest speaker can be arranged for special interests. These include school culture, a debate presentation (with actual topics) and so on.

- **Orienteering:** Teachers participants how to orientate and read the map but also promotes communication, team building and problem solving. Learn basic compass skills as you navigate around camp. Great activity for groups up to year 8.

- **Rock Climbing:** Climbs we have a 10 metre artificial wall with climbs for all ages and levels. Goal setting, team work and trust are the focus with the team of leaders prior and encouraging the climber. Natural rock climbs can be arranged for expedition programs.

- **Sassee Trail:** This is a heart-ezational trust walk; teaching the importance of relying on your buddy along with your other senses. This is a good team-builder for groups up to year 7 and is an essential activity in developing effective communication.

- **Sports**: Cricket, soccer, football, basketball, volleyball equipment all available to use.

- **Swimming**: Swimming pool.

All activities not marked with * must be run by qualified camp instructors. Please writing to use the pool without explicit instructor supervision must provide evidence of a current swim qualification.